



MEALS ON WHEELS So No Seniors Go Hungry

WHO WE ARE

The Meals On Wheels Association of America (MOWAA) is the oldest and largest organization in the United States representing those who provide meal services to people in need.

MOWAA works toward the social, physical, nutritional, and economic betterment of vulnerable Americans. The Meals On Wheels Association of America provides the tools and information its programs need to make a difference in the lives of others. It also gives cash grants to local senior meal programs throughout the country to assist in providing meals and other nutrition services.

This is our Mission Statement: "The mission of Meals On Wheels Association of America is to provide visionary leadership and professional training and to develop partnerships that will ensure the provision of quality nutrition services

MOWAA member programs throughout the country provide nutritious meals and other nutrition services to men and women who are elderly, homebound, disabled, frail, or at risk. These services significantly improve the quality of life and health of the individuals they serve and postpone early institutionalization.

History of Meals On Wheels Programs

Today's Elderly Nutrition Programs in the United States trace their roots back to Great Britain during World War II (1939.)

During the Blitz, when German planes bombarded English soil, many people in Britain lost their homes and , subsequently, their ability to cook meals for themselves. The Women's Volunteer Service for Civil Defense responded to this emergency by preparing and delivering meals to their disadvantaged neighbors. These women also brought refreshments in canteens to servicemen during World War II. The canteens came to be known as "Meals on Wheels." Thus, the first organized nutrition program was born.

Following the war, the United States embarked on its own experimental meal program. What began as a single small program serving seven seniors has grown into hundreds of local home-delivered and congregate meal programs that serve millions of elderly, disabled, or at-risk persons across the country.

The first American home-delivered meal program began in Philadelphia, Pennsylvania, in January of 1954.

Gray UMC Meals On Wheels Team

1st Tuesday
2nd Tuesday
3rd Tuesday
4th Tuesday
5th Tuesday

Jim & Helen Armentrout
Lynn and Sharon Walker
Tommy & Margaret Boyd
Floyd & Nora Robertson
Rotation of Above